



INDIAN SCHOOL MUSCAT
SECOND PERIODIC TEST
PHYSICAL ACTIVITY TRAINER

CLASS: X

Sub.Code:

Time Allotted: 50mts.

22.05.2023

Max .Marks: 20

GENERAL INSTRUCTIONS:

1. Write in neat hand writing and put the answer number to the questions you are attempting.
2. There are 4 questions in total and attempt all the questions.
3. Marks are indicated against each question.

1. State whether its True or False:

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1. A very good knowledge of language and communication skills is very important for any business or occupation.
2. To communicate properly one needs to know how to read , write , listen and speak.
3. English is an International language which helps the people around the world to communicate.
4. To get a feedback what one should ask a question with the interest of knowing something.
5. To communicate we need at least 2 persons.

2. Write about the 5 elements of communication

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3. Write about the different activities you play in school or at home .And what safety measures you take to avoid getting hurt.

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4. What are the 5 methods of communication ?

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